

# Redmarley Church Heritage Society



## “Calling all daredevils and those with a head for heights”

come & join us at St. Bartholomews Church and join our charity abseil

**On FRIDAY 8TH MAY 10AM—4PM**

For one day only you will have the chance to climb the steps to the top of the tower where you will be harnessed up before climbing over the edge and abseiling 70ft back to the ground.



The challenge will give you fantastic views across Redmarley as you stand at the top of the tower, and you will be raising money to ensure the tower remains as a local land mark.

*Given the heights involved, it is a great personal challenge for many people, but one you can undertake in complete safety. Many people don't realise that even if you let go of the rope you won't fall. This is due to the two rope system used to keep you and your team safe.*

- The event is supervised by Wall Walkers with 2 qualified personnel
- The abseil for 40 places is available from 10am until 4pm .
- There is a cost of £5.00 to sign up and it is suggested that participants raise money through sponsorship to a minimum of £100.
- The abseil is suitable for adults .
- Over 16's may participate if they will fit adult harness and helmet. All kit is provided.
- Wear loose comfortable clothing for easy movement. Please wear TRAINERS as footwear.
- Participants will be given a time slot.
- Participants must sign a health and fitness declaration
- More details: 01531 651869 foxes\_hollow@btinternet.com

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### ENTRY FORM

NAME.....AGE.....

TEL. ....

EMAIL ADDRESS.....

ENTRY PAYMENT **£5**.....Return to Hilary Morton, The Forge, Redmarley, by 30th April

#### Data Protection Act:

This form contains personal data as defined by the DPA 2018. RCHS will protect the personal data provided and ensure that it is not passed to anyone who is not authorised to use it. The information provided will be processed in accordance with the regulations contained in the GDPR act.

